



## Connecting with Spirit Workshop: Saturday 29 October 2022

**Cost: \$120**

**10am–4.00pm** *(please bring your lunch)*

**41 Glenroy St Woolston Christchurch**

This is an interactive one-day workshop for those who are interested in upskilling their connection with spirit and their mediumistic abilities

This workshop will also give you the opportunity to recognise when your loved ones in spirit are around you and to understand the difference between connecting on a psychic versus mediumistic level.

You will get to meet like-minded people, and gain confidence as you identify your own potential and abilities through practice in a relaxed and supportive environment. You will also learn a little about spiritualist philosophy and how it can have a positive influence on your life in general.

### The workshop includes

- Spirit around us - how do I know if it is Spirit or me
- The differences of working on a Psychic vs Mediumistic level – how you can tell the difference
- How to receive as well as give messages – getting more value from readings/messages
- Tips when connecting with Spirit to progress your mediumship
- Gain confidence by understanding what causes, and how to overcome, getting No's when working
- Spirit Guides & Helpers and how they can help us
- Soul shifts – understanding your own life journey with self-empowerment tools and knowledge. Positive steps you can take to assist you throughout your life

**Bookings Essential**

**Contact Lynette 0212511995 or email [scnzchch@gmail.com](mailto:scnzchch@gmail.com)**